



WOMEN IN TOURISM AND HOSPITALITY SUMMIT PROGRAM

Powered by *Hotelier* magazine and Sequel Hotels & Resorts

STAND UP, STAND OUT



MAY 26-27, 2019 | WESTIN HARBOUR CASTLE HOTEL, TORONTO

HARBOUR BALLROOM

PROGRAM SCHEDULE - SUNDAY MAY 26, 2019

5:30-8:00 P.M.

WESTIN HARBOUR CASTLE HOTEL - REGISTRATION OPENS
PLATINUM COCKTAIL RECEPTION WITH HONORARY CHAIR KATIE TAYLOR AND FOUNDERS
ROSANNA CAIRA & ANNE LARCADE

PROGRAM SCHEDULE - MONDAY, MAY 27, 2019: WESTIN HARBOUR CASTLE HOTEL HARBOUR FOYER

7:00-8:00 A.M.

WELLNESS CONTINENTAL BREAKFAST

7:00 A.M-6:00 P.M.

EXHIBITOR MARKETPLACE OPEN

8:00-8:30 A.M.



SUMMIT OPENS - SPONSOR WELCOME & INTRO TO MEDITATION
MINDFUL BALANCE AND GRATITUDE WITH REETU GUPTA,
PRESIDENT & CEO, EASTON'S GROUP OF HOTELS

PROGRAM SCHEDULE

8:30-8:40 A.M.

HONORARY CHAIR WELCOME ADDRESS



Katie Taylor

Honorary Chair WITHorg, Chair RBC

8:40-8:55 A.M.

FOUNDERS' WELCOME ADDRESS



Rosanna Caira

Editor & Publisher,
Kostuch Media Ltd.
Co-Founder, WITH



Anne Larcade

President & CEO
Sequel Hotels & Resorts
Co-Founder, WITH

8:55-9:00 A.M.

INTRODUCTION OF KEYNOTE SPEAKER

9:00-10:00 A.M.

KEYNOTE ADDRESS



Joanne Lipman, TV Commentator and Author of "That's What She Said"

The world has changed in the wake of the #MeToo movement. What comes next? Joanne Lipman, best-selling author of *That's What She Said* and former Editor in Chief of *USA TODAY*, offers real-world solutions and a path forward. There's no men-bashing here; Lipman explores how men, as well as women, can join together to close the gender gap. In this lively talk, she'll offer surprising insights into issues ranging from unconscious bias to childrearing to brain differences between the genders and provide practical tips to help eliminate bias in the workplace.

10:00-10:30 A.M.

HEALTH & WELLNESS NETWORKING BREAK/EXHIBITOR MARKETPLACE

Fuel your body, accelerate business contacts and exchange information with other delegates and WITHorg members

10:30-11:15 A.M.

PANEL TOURISM & HOSPITALITY: WHAT'S NEXT? – A GLOBAL VIEW

A panel of thought leaders dissect leading trends including innovation, design, Airbnb and more to better understand where the industry is headed and how you can get there.

11:30 A.M.-12:30 P.M.

BREAKOUT SESSIONS (INTERACTIVE LABS, WORKSHOPS AND PANELS – CHOOSE 1)

Workshop A

Agility in Times of Change. Bree Ranieri, Leadership Coach & Co-Founder & Partner, CoTalent leads an interactive workshop focused on how practical solutions can create a competitive advantage



Workshop B



Getting Out of Your Own Way, Victoria Turner, Certified Executive Coach and host of *Your Power Outlet*, helps answer the questions that stop women from achieving success: Do you find yourself avoiding the specific actions you need to take? Do you ever second guess yourself even though you know you're good at what you do? Are you ready to shut down your negative inner voice? Turner helps reframe the thoughts that once kept you stuck into opportunities to propel you into action.

Workshop C

Think Like a Man; Lead Like a Woman

PROGRAM SCHEDULE

Workshop D

Moving Foodservice into the Future: How can the foodservice industry fuel changes to enable women to achieve success?



Ivana Raca
Chef, Ufficio
Restaurant, Toronto



Jennifer Huether
Master Sommelier



Lorraine Trotter
Dean, Centre for
Hospitality & Culinary
Arts, George Brown
College, Toronto

12:30-1:00 P.M.

GALA AWARDS LUNCHEON

1:00-1:45 P.M.

LUNCHEON KEYNOTE SPEAKER - BARB STEGEMANN, SOCIAL ENTREPRENEUR



Barb Stegemann first launched her perfume company, The 7 Virtues, in her garage, armed with only a dream to help war-ridden nations rebuild. Eight years later, it's now an award-winning social enterprise — supporting suppliers in countries such as Afghanistan, Haiti and the Middle East — and the first-and-only Canadian brand to be sold through Sephora's "Clean at Sephora" space across North America. Through her inspiring entrepreneurial story, Stegemann shares powerful messages of triumphing over adversity, and empowers her audiences to embrace their inner disruptor.

1:45-2:00 P.M.

PRESENTATION OF THE KATIE TAYLOR ECONOMIC EMPOWERMENT AWARD AND THE GENDER EQUALITY AWARD

2:15 – 3:15 P.M.

AFTERNOON BREAKOUT SESSIONS (INTERACTIVE LABS, WORKSHOPS AND PANELS – CHOOSE 1)

Workshop A

Creating Success through Innovation, Access to Capital and Increased Profitability
How are restaurant/hotel owners creating success through innovation

Workshop B

Catapulting Your Career in 5 Simple Steps:



Amrita Bhalla
Managing Director, ABC Consulting;
& Lecturer in HR and Organizational
Behaviour at the Ted Rogers School of
Hospitality & Tourism, Ryerson University,
Toronto

Workshop C

Positioning Yourself for Success: In Discussion – Craig Darlington, V.P. Strategy and Business Development, RMS and Minaz Abji, WITHorg board member; BOD American Hotel Income Properties REIT, BOD Affinity. The two men share views on the importance of negotiating raises, how to be direct and how to overcome barriers to achieve your personal success.



Craig Darlington
VP Strategy and
Business Development
at RMS



Minaz Abji
Advisory WITHorg; BOD American Hotel
Income Properties REIT, BOD Affinity.

Workshop D

Small Acts, Big Changes: How are business leaders and companies achieving success by talking less and doing more?



Lauren Davey
Chief Human Resources Officer,
Compass Group Canada Ltd.

PROGRAM SCHEDULE

Workshop E The Importance of Wellness in Your Personal & Professional Life



Amy McDonald
Owner and CEO
Under a Tree Health
and Wellness Consulting
Ottawa, Ont.

3:15-3:45 P.M. **HEALTH & WELLNESS NETWORKING BREAK/ EXHIBITOR MARKETPLACE**

Fuel your body, accelerate business contacts and exchange information with other delegates and WITHorg members

3:45-5:00 P.M. **TOWN HALL – ROADMAP TO GENDER EQUITY - BEYOND BEST PRACTISES**



Peggy Berg
Director,
Castell Project, Inc.
Atlanta



Statia Elliot
Director School of
Hospitality, Food &
Tourism Management,
University of Guelph

5:00-5:15 P.M **CLOSING REMARKS**
Co-Founders Rosanna Caira and Anne Larcade

5:15-5:30 P.M. **PRIZE DRAW**

5:30-7:30 P.M. **CELEBRATION NETWORKING COCKTAIL RECEPTION**

SPONSORS

